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ABSTRACT

This is an evaluation of the second year of a program designed to reduce the incidence of destructive risk-taking behavior (e.g., drug-alcohol abuse and juvenile delinquency) among school-age youth. Background research indicates that peer group pressure is the single most important factor in dictating the presence or absence of juvenile delinquency behavior. The Peer Dynamics process, involving 56 schools in Nebraska, trains and supervises students who participated in a group interaction plan with other students to develop self-esteem and better communication skills; peer modeling takes place. The evaluation measures used by the schools were pre-post attitude tests, program evaluation by students and faculty, and an evaluation form which included such factors as vandalism, grades, dropouts, discipline and contacts with law enforcement agencies. Personal on-site visits were made to each school to explain the evaluation measures. Results indicated an overall positive attitude change among peer group members due to participation in the program. Comparative data note a reduced number of contacts with police and a noticeable drop in discipline referrals among students. Individual school evaluation results are reported along with unedited, verbatim student testimonies--basically favorable. Recommendations for program improvement are included. (Author/KMF)

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ED197276

PEER DYNAMICS 1977-78 EVALUATION REPORT

by

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U.S. DEPARTMENT OF HEALTH,
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PEER DYNAMICS INTRODUCTION

In the recent past, educators in Nebraska and across the nation have observed a dramatic increase in the incidence of destructive risk-taking behavior among young people. This behavior is indicated by the high incidence of vandalism, drug - alcohol abuse, and juvenile delinquency among the school age youth.

Past congressional investigations in the area of school-age vandalism, violence, and school dropout behavior have resulted in nationwide concern about losses in terms of not only financial loss, but loss of human resources and its resulting consequences.

Underlying most of these problems are negative feelings and attitudes about self and society that are expressed and exhibited by school-age youth.

The Institute for Juvenile Research, a branch of the Illinois Department of Mental Health, has completed a six-year study on peers influencing their friends in serious juvenile delinquency. The project was financed with $1.9 million from the Law Enforcement Assistance Administration.

During the project, researchers questioned 3,180 youths between 14 and 18 years of age and 1,970 of their parents. Those interviewed were in 40 Illinois counties. The researchers concluded that "peer group pressure is the single most important factor in dictating the presence or absence of juvenile delinquent behavior," LEAA said.

In the midst of what appears to be a movement away from the affective aspects of educational programs, it has become apparent that educators, parents, and students are experiencing positive changes in the areas of attitudes toward school, community, and themselves. These positive attitudes are resulting in positive behavior changes related to school attendance, vandalism, violence, drug and alcohol abuse, juvenile delinquency, and other potentially destructive risk-taking activities.

The Nebraska Commission on Drugs and nationally recognized authorities on the subject of substance abuse are in agreement that preventing substance abuse has a greater impact on the problem than any other strategy at their disposal. Deliberately establishing an environment where people are free from confrontation, harrassment, and rejection by their peers and those in authority is known to decrease the incidence of risk-taking as a means of gaining recognition, acceptance, and a positive self-concept. The Drug Commission has made this strategy their primary effort in the area of prevention.

Schools in Nebraska, through the use of assistance from the Nebraska Department of Health personnel are beginning to realize the benefit of this concept as applied to many forms of risk-taking behavior in addition to the substance abuse problem, on which the Commission on Drugs must focus.

In addition to the fact that kids learn better in a non-threatening environment, Nebraska has the opportunity to prevent the development of situations which precipitate violence, vandalism, high dropout rates, and the other school problems that exist in both urban and rural settings nationally.

PEER DYNAMICS BACKGROUND

BACKGROUND OF PEER

Originally the Nebraska Commission on Drugs funded a grant to the Department of Education in May 1976 to implement the Peer Dynamics model in a maximum of 12 schools. Due to the interest expressed by schools, it was possible to secure a contract with the National Council on Drugs for $19,000 to add 12 more schools. The Nebraska Department of Health then provided funding for the 1977 year and is currently the funding agency with the Nebraska Commission on Drugs. To date fifty-four schools are involved in the program across the state.

The grant provides for two consultants in the program to assist the schools in the design, implementation and evaluation of the Peer based affective education model described as follows. Peer Dynamics is a process where trained and supervised students participate in a group interaction plan, structured to develop better self-esteem and self-understanding, listening and communication skills, but offer little or no advice to fellow students. This in turn will promote modeling of a positive influence on peers.

The implementation process is very detailed. Peer groups are selected and represent a cross-section of the student population within a school. (socially, ethnically, academically)

Training involves emphasis on active listening, development of awareness of verbal and non-verbal behavior, establishment of non-threatening situations, development of means to determine when professional counseling is needed, and awareness of approved counseling services. This type of positive peer interaction provides maximum opportunity for personal growth and good decision making skills.

Once trained, peer groups are able to use their skills in various ways to fit the needs of the school and provide a positive environment for the rest of the student body.

Four workshops were held during the 1977-1978 grant year to train the facilitators for the Peer Dynamics Program. Thirty-five persons were trained as facilitators for the program. Included in the training groups were counselors, principals, superintendents and teachers. The two peer dynamics consultants with the State Department of Health delivered the training.

After the initial training sessions, the two State Department of Health consultants followed up by offering inservice training to interested schools. In addition to this, they provided orientation of the programs to faculties during scheduled inservice days.

The evaluation measures used by the schools include pre-post attitude tests, program evaluation by students and faculty, and an evaluation form which includes such factors as: vandalism, grades, dropouts, discipline, and contacts with law enforcement agencies. Personal on-site visits were made to each school to explain individually the evaluation measures, to discuss any problems or concerns with facilitators, to meet with additional school personnel, and to talk with the students regarding their feelings and opinions on the program.

The following schools implemented the Peer Dynamics Program:

Adams Junior High
Albion High School
Alliance High School
Amherst High School
Arthur County High School
Bellevue High School
Benedict Public Schools
Byron Public School
Centura High
Chappell Public School
Columbus Jr. High School
Crawford High School
Deshler High School
Dominican High School
Duchesne Academy
Fairmont Public Schools
Falls City Jr. High School
Daniel J. Gross High
Irving Junior High
Lodgepole High School
Loup City High School
Marian High School
Millard Central Jr. High
Millard Lefler Jr. High
Millard North Jr. High
Millard High School
Morrill High School
Norfolk High School
Overton High School
Pius X High School
Platteview High
Pleasanton High
Ponca Public School
Pound Junior High
Ralston Middle School
Ravenna High
Roncalli High School
Ryan High School
St. Cecilia High School
Scottsbluff Jr. High
Shelton High School
Sidney Public Schools
Southeast Consolidated
Sutton Public School
Superior High School
Sutherland Public Schools
Valley Jr. - Sr. High
Wahoo Neumann High School
Wakefield Community School
Waverly Jr. High School
Wilber Public Schools
Winnebago Alcohol Services Center
York High School

PEER DYNAMICS PROCESS

PEER - Positive Educational Experiences in Relationships

PEER is a structured series of educational experiences that focus on the strengths and potentials of young people--which is a contrast to encounter or sensitivity groups.

Peer leadership is based on the idea that students are more likely to turn to each other for help with problems than to adults, and that students know when a fellow student needs help while adults don't always know. Peer leadership trains students in some basic counseling skills and then provides them an opportunity to work with peers.

PEER is a group interaction program for groups of from six to twelve members. It is designed to enable its participants to:

(1) build a better self-understanding or self-image.

(2) build a better understanding of others.

(3) encourage greater acceptance of and pleasure in what we and others are (I'm O.K. - You're O.K.)

(4) teach communications skills which maximize awareness of:
    (a) what I am experiencing.
    (b) what I perceive you to be experiencing.

Positive reinforcement is a central concept in PEER.

Goals of the Program

To develop a strong, well-organized core group of students.

(1) To recruit and select students who represent the overall school population - ethnically, racially, socially, academically, etc.

(2) To provide this group with the training and skills necessary to implement the component activities of the program.

(3) To develop a student network which will recruit other students, publicize the program, and maintain on-going participation and involvement.

(4) To begin to change negative behavior to positive through the use of peer dynamics.

We will use the Peer Program for Youth by Ardyth Hebeisen as the basic approach for the first group. This is a group interaction plan to develop self-esteem, self-understanding, and communication skills. The training period will consist of ten 2½-hour sessions which are structured with four elements in each session. The four elements are:

(1) Goal Setting - through setting goals and meeting them, self-confidence and a sense of success are built. This also provides a framework for achieving relationship goals later in the project.

(2) A Primary Task - this is the major task for each meeting and may focus on building self-image, improving communication skills, or clarifying personal value systems as they relate to self-perception and relationships.

(3) Basic Concepts - usually presented in mini-lecture style, these are designed to be a description of some of the factors involved in building relationships.

(4) Skill Development - this is usually built into the primary task as well as other transactions among members. Focus is on listening, self-disclosure, and various applications of these skills.

Topics to be included in the training program includes:

(1 & 2) Exploring meaningful relationships by acquainted, trust-building, increasing awareness of self and others.

(3) Identifying my strengths, goal setting.

(4) Using my strengths.

(5) Learning to listen.

(6 & 7) Communicating my feelings.

(8) My response to others.

(9) Decision-making, problem-solving.

(10) Values and acceptance for others and for me.

(11 & 12) Organization of "Where I Go From Training", confidentiality, ethics of counseling.

Abilities taught in the training program includes:

(1) Ability to approach a peer and engage in constructive conversation.

(2) Ability to listen to another, including non-verbal communication.

(3) Ability to observe and evaluate the behaviors of others.

(4) Ability to talk with another about personal problems and feelings.

(5) Ability to utilize decision-making in dealing with: personal problems, family problems, health problems, school problems, and peer relations planning.

(6) Ability to develop alternative actions when faced with a problem.

(7) Ability to apply interpersonal skills to the initiation of first meeting with student needing help.

(8) Ability to demonstrate an awareness of the ethics and strategies of peer interaction.

(9) Ability to express and share one's own feelings with another person.

(10) Ability to identify and respect his/her own and others' values.

Options at the end of nine-week training includes:

(1) Practicum with counselors meeting weekly.

(2) Activity group meeting one-five times per week to carry out community and school activities.

(3) Combination of one and two.

(4) Pursuit of personal goal.

(5) Drop-out of program.

(6) Examples of activities and/or assignments after training:

  (a) Meet new students and help them adjust to school.
  (b) Help orient sixth graders to junior high.
  (c) Plan and arrange school activities, e.g., dances, performances, guest speakers.
  (d) Work with peers on study or social problems.
  (e) Serve as a friend to someone who wants someone to talk to or who is shy and a loner.
  (f) Work with physically and mentally handicapped.
  (g) Direct peers to school and community referral sources.
  (h) Assistant to teachers of handicapped, varied groups.
  (i) Visit another school which has an existing leadership program.
  (j) Community outreach projects.

(7) The target population for assignments and activities of the trained students will be: the "normal" kids who, if not helped with their problems, the problems will become more severe; lonely; alienated; foreign; mentally and physically handicapped; the students we don't have time to reach.

A referral procedure for students to have peers assigned to them will be used when several groups of students are trained. The assignments for the first group of twelve trainees will be made through the regular channels of counselor referrals.

Evaluation

PEER leaders' primary function is to provide a climate for the group experiences and to take a kind of administrative role by guiding the group through them.

Three areas will be explored in order to evaluate the effects of the PEER Program on the trainees:

(1) The way the student perceives himself/herself.

(2) The way other classmates perceive him/her.

(3) The way the staff perceives him/her.

A pre-test and post-test will be administered in all cases to look at change in leadership and counseling skills before and after training. We are aware of the many uncontrolled variables in in-situ research, but feel that this part of the total evaluation process is necessary to gain indicators for future training.

The following evaluation measures will be used:

Pre-Post Attitude Tests:

"As I See Myself" and "Attitudes Towards Others"

"Dear Student" and "Dear Teacher" evaluation forms

"Peer Dynamics Evaluation Form" - (re: vandalism, grades, dropout, discipline referrals, contacts with police, etc.)

PEER EVALUATION FORMS

PRE AND POST TESTS - PEER COUNSELORS

AS I SEE MYSELF

Name______________________________ Grade_______________

School Name__________________________ Date_______________

How do YOU picture yourself right now? Following is a list of words to describe how you feel, which you will rate on a scale from 1 to 7. Circle only one of the numbers for each answer. Do not leave any space blank.

If your idea of yourself is VERY CLOSELY RELATED to one end of the scale, you should circle as follows:

Strong [✓ 1] 2 3 4 5 6 7 Weak
or
Strong 1 2 3 4 5 6 [✓ 7] Weak

If your idea of yourself is CLOSELY RELATED to one end of the scale (but not extremely), you should place your circle as follows:

New 1 [✓ 2] 3 4 5 6 7 Old
or
New 1 2 3 4 5 [✓ 6] 7 Old

If your idea of yourself seems ONLY SLIGHTLY RELATED to one side as opposed to the other side (but is not really neutral), then you will circle as follows:

Hard 1 2 [✓ 3] 4 5 6 7 Soft
or
Hard 1 2 3 4 [✓ 5] 6 7 Soft

If you consider your idea of yourself to be NEUTRAL on the scale, (both sides of the scale EQUALLY ASSOCIATED with your idea of yourself), then you should place your circle in the middle space:

Out 1 2 3 [✓ 4] 5 6 7 In

MAKE EACH ITEM A SEPARATE AND INDEPENDENT JUDGEMENT OR DECISION.
Work at fairly high speed through this test. Do not worry or puzzle over individual items. Please give your first impressions.

* *

Please circle your choice: I AM:

1. easy going	1	2	3	4	5	6	7	complaining
2. forgiving	1	2	3	4	5	6	7	spiteful
3. friendly	1	2	3	4	5	6	7	unfriendly
4. unselfish	1	2	3	4	5	6	7	selfish
5. trustful	1	2	3	4	5	6	7	distrustful
6. gentle	1	2	3	4	5	6	7	cruel

7. cooperative	1	2	3	4	5	6	7	uncooperative
8. outgoing	1	2	3	4	5	6	7	quiet
9. helpful	1	2	3	4	5	6	7	unhelpful
10. kind	1	2	3	4	5	6	7	mean
11. honest	1	2	3	4	5	6	7	dishonest
12. hard working	1	2	3	4	5	6	7	lazy
13. a good listener	1	2	3	4	5	6	7	a poor listener
14. cool	1	2	3	4	5	6	7	uptight
15. fair	1	2	3	4	5	6	7	unfair
16. cheerful	1	2	3	4	5	6	7	gloomy
17. polite	1	2	3	4	5	6	7	rude
18. nice	1	2	3	4	5	6	7	nasty
19. truthful	1	2	3	4	5	6	7	a liar
20. smiling	1	2	3	4	5	6	7	frowning
21. sharing	1	2	3	4	5	6	7	stingy
22. good	1	2	3	4	5	6	7	bad
23. a beautiful person	1	2	3	4	5	6	7	not a beautiful person
24. loving	1	2	3	4	5	6	7	hateful
25. jealous	1	2	3	4	5	6	7	not jealous
26. thoughtful	1	2	3	4	5	6	7	not thoughtful
27. reliable	1	2	3	4	5	6	7	irresponsible
28. calm	1	2	3	4	5	6	7	jumpy
29. popular	1	2	3	4	5	6	7	unpopular
30. sensible	1	2	3	4	5	6	7	foolish
31. happy	1	2	3	4	5	6	7	sad
32. not clumsy	1	2	3	4	5	6	7	clumsy
33. smart	1	2	3	4	5	6	7	dull
34. talkative	1	2	3	4	5	6	7	not talkative
35. open	1	2	3	4	5	6	7	shy

PRE AND POST TEST - PEER COUNSELORS

NAME______________________________ Grade_________ Sex__(M)_____(F)___

Attitudes Toward Others

1. At the present time how would you describe your relationship with your parents? Circle ONE.

very poor   poor   about average   good   very good

2. At the present time how would you describe your relationship with your parents? Circle ONE.

A great deal of conflict and hassles	Some conflict and hassles	Average amount of conflict and hassles	Few conflicts and hassles	Hardly any conflict and hassles

3. At the present time about how many times a month do you and one of your parents have a serious disagreement or conflict? Circle ONE.

Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

4. At the present time about how many times a month do you and one of your parents do something fun together? Circle ONE.

Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

5. At the present time to what extent do you feel your parents are trying to understand you and any problems you may have? Circle ONE.

None at all	Some, but not much	About average	More than most parents	Completely understanding

6. At the present time how do you feel about your relationships with other persons about your age? Circle ONE.

No friends, spend most of my time alone	OK, but wish they were better	About average	Good	Get along great with everyone

7. At the present time about how many times a month do you and another person about your age have a serious disagreement? Circle ONE.

Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

8. At the present time about how many times a month do you and another person about your age have a physical fight? Circle ONE.

Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

9. At the present time about how many times a month do you and another person about your age do something fun together? Circle ONE.

Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

10. At the present time how much trust would you say you have in your classmates and other persons about your age? Circle ONE.

Very little trust	Not too much trust	Average amount of trust	More than average amount of trust	A great deal of trust

11. At the present time how do you feel about your relationships with teachers and other adults? Circle ONE.

Very strained with much conflict	Conflict, but not on a regular basis	About average	Good relationships, only occasional disagreements	Very good, hardly any conflicts or disagreements

12. At the present time about how many times a month do you and a teacher or adult have a serious disagreement? Circle ONE.

Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

13. At the present time about how many times a month do you and a teacher or adult do something fun together? Circle ONE.

Hardly ever 1 2 3 4 5 6 7 8 9 10 More than 10

14. At the present time to what extent do you feel teenagers or adults are trying to understand you and any problems you may have? Circle ONE.

Not at all	Some, but not much	No more nor less than could be expected	A good effort to understand	Understand completely

Total School (Circle
Peer Program one)

PEER DYNAMICS
EVALUATION FORM

Number of students in school ____________

Number of students in PEER ____________

	1975 - 1976 School Year		1976 - 1977 School Year		1977 - 1978 School Year	
	1st Semester	2nd Semester	1st Semester	2nd Semester	1st Semester	2nd Semester
Vandalism of School Property:						
(Cost Estimate Per Student)	____	____	____	____	____	____
(Number of Incidences)	____	____	____	____	____	____
Unexcused Absences:	____	____	____	____	____	____
Unexcused Tardies:	____	____	____	____	____	____
Classes Failed:						
Per 9 Weeks	____	____	____	____	____	____
[illegible]er Semester	____	____	____	____	____	____
Average G.P.A. of PEER Group			____	____	____	____
Number of Drop-outs:	____	____	____	____	____	____
Discipline Referrals:						
Peer Social Problems	____	____	____	____	____	____
Teacher/Student Problems	____	____	____	____	____	____
Parent/Student Problems	____	____	____	____	____	____
Academic Problems	____	____	____	____	____	____
Contacts With Police:						
Alcohol	____	____	____	____	____	____
Drugs	____	____	____	____	____	____
Runaways	____	____	____	____	____	____
Misdemeanor Offenses	____	____	____	____	____	____

DEFINITION OF TERMS USED ON PEER EVALUATION FORM:

1. Vandalism - willful or malicious destruction or defacement of school property.

2. Cost estimate per student - total dollar amount of vandalism per year divided by number of students in school that year.

3. Number of incidences - number of times vandalism happened during school year.

4. Average G.P.A. - average grade point average of 1976-1977 school year of Peer group only and 1977-1978 school year pre and post Peer implementation.

5. Drop-outs - a student who leaves a school, before graduation or completion of a program of studies, and without transferring to another school.

6. Discipline referrals - students who are referred to a school official who is responsible for enforcing the school's rules and regulations.

Dear Teacher:

A Peer Counseling Program has been implemented in our school this semester and we would like to know what you think about it. Please complete the following questionnaire and return your answers to . This will help us evaluate the effectiveness of the program.

Tear here Return only the bottom portion Tear here

		Circle one:	
1.	Do you think that the Peer Counseling Program is a worthwhile program?	Yes	No
2.	Did you have any peer counselors in one of your classes?	Yes	No
3.	Did the peer counselor demonstrate any change in behavior?	Yes	No
4.	If answer to question #3 was yes, was the behavior change a positive one?	Yes	No
5.	Do you feel you need more orientation to the Peer Counseling Program?	Yes	No
6.	Have you referred any students to the Peer Counseling Program?	Yes	No
7.	Are you a group leader?	Yes	No
8.	If answer to question #7 is no, are you interested in becoming a group leader?	Yes	No

9. What things do you like about the Peer Counseling Program?

10. What things would you like to see done better in another Peer Counseling Program?

11. Do you have any suggestions?

THANKS!

Dear Student:

You have been involved with the Peer Counseling Program and we would like to know what you think about it. Please complete the following questionnaire and return your answers to   or   . The information that you give us will be strictly confidential.

--Tear Here----------Return only the bottom portion----------Tear Here--

Circle One:

1. Do you think that the Peer Counseling Program is a worthwhile program? Yes No
2. Did you talk over a personal problem with the Peer Counselor? Yes No
3. Did the Peer Counselor listen to what you wanted to say? Yes No
4. Did you feel that the Peer Counselor was interested in your problem? Yes No
5. Would you like to sign up to talk to the same Peer Counselor again? Yes No
6. Would you like to sign up to talk with a different Peer Counselor? Yes No
7. Have you suggested that a friend visit with a Peer Counselor? Yes No
8. Do you have a friend who might like to visit a Peer Counselor? Yes No
9. Would you like to be a Peer Counselor some day? Yes No
10. What things did you like about your Peer Counseling Session?

11. What things would you like to see done better in another Peer Counseling Session?

12. Do you have any suggestions? If so, please list:

TOTAL SCHOOLS EVALUATION RESULTS

SUMMARY REPORT OF TOTAL SCHOOLS' TEST RESULTS

In reviewing the following tables and test results, the reader should keep in mind that the following items could have had an affect on the outcomes:

A. Age level of students taking tests - elementary students have difficulty in looking at themselves more realistically in pretests (maturation process) as compared to senior high students.

B. Setting - having an atmosphere conducive to taking pre-post tests (quiet or noisy), and students possibly conferring with each other on the test (especially pre).

C. Lack of understanding by students - not knowing what is involved in program (orientation), and not understanding direction of pre-post tests.

D. The way facilitator approached (pre-post) test - in a few cases, there may have been some concern by students regarding confidentiality and how the attitude tests would be used. Rapport between facilitators and peer groups may not have been as good in the beginning.

E. Administrative/staff support for program - in some cases, administrators and/or faculty members expected the peer group members to be "perfect" or "disciplinarians" and were not supportive of the peer program. Most schools indicated a need for more orientation and follow-up of the peer program throughout the school year.

The total schools' results indicated a ninety-seven percent positive change in attitudes on the "As I See Myself" test and a eighty-six percent positive change in attitudes on the "Attitudes Toward Others" test.

Thirteen schools completed the Peer Dynamics Evaluation Form. In comparing the 1976-77 school year to the 1977-78 school year, data indicates a reduced number of contacts with police in the areas of alcohol, drugs, runaways and misdemeanor offenses. Also, data indicates a noticeable drop in discipline referrals which includes peer social problems, teacher/student problems, parent/student problems and academic problems.

It is apparent from the test results that there has been a positive attitude change among peer group members due to their participation in the Peer

Dynamics program. As staffs and students become more aware of the peer program, they become very supportive of the project and the concepts behind it.

Analysis of the "Attitudes Toward Others" and "As I See Myself" questionnaires was accomplished by comparison of the pre mean and post mean estimates of each item for individual schools and grades. Male and female groups were also compared on the "Attitudes Toward Others" items.

Data rationale, for a given school, grade, or sex, suppose there are n_1 students who answer a given item before experiencing the Peer Program and n_2 students who answer the same items after the program. Let $\overline{x}_1 + \overline{x}_2$ be the sample estimates of the pre and post item means, and $s_1^2 + s_2^2$ the sample estimates of the pre and post item variances. The assumption is made that the pre and post item responses are normally distributed with equal variance, estimated by $s^2p = \frac{(n_1-1)s_1^2 + (n_2-1)s_2^2.}{n_1 + n_2 - 2}$ Then the quantity $\frac{\overline{x}_1 - \overline{x}_2}{sp\sqrt{\frac{1}{n_1} + \frac{1}{n_2}}}$ has a t distribution with $n_1 + n_2 - 2$ degress of freedom.

For a particular group of students, significance at the 5% level was examined when this quantity was computed and compared to the 97.5 percentile of the t distribution with appropriate degrees of freedom. Since it is assumed that a group of students can undergo a negative as well as a positive change in any item, a two tailed test, 2.5 percent in each tail, was used to reflect this possibility.

TOTAL SCHOOLS - PRE-POST ATTITUDE TEST RESULTS

TOTAL SCHOOLS: Albion, Alliance, Amherst, Arthur, Bellevue, Chappell, Crawford, Gross, Dominican, Duchesne, Fairmont, Falls City, Lodgepole, Loup City, Marian, Millard Central, Millard High, Millard Lefler, Millard North, North Platte, Overton, Pleasanton, Ravenna, Ryan, Scottsbluff, Springfield, Sutherland, York

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Significant Positive Change
1. Easy Going - Complaining	+		
2. Forgiving - Spiteful			*
3. Friendly - Unfriendly			*
4. Unselfish - Selfish			*
5. Trustful - Distrustful	+		
6. Gentle - Cruel	+		
7. Cooperative - Uncooperative	+		
8. Outgoing - Quiet			*
9. Helpful - Unhelpful	+		
10. Kind - Mean	+		
11. Honest - Dishonest	+		
12. Hardworking - Lazy	+		
13. A Good Listener - A Poor Listener			*
14. Cool - Uptight	+		
15. Fair - Unfair	+		
16. Cheerful - Gloomy	+		
17. Polite - Rude	+		
18. Nice - Nasty	+		
19. Truthful - A Liar	+		
20. Smiling - Frowning	+		
21. Sharing - Stingy	+		
22. Good - Bad	+		
23. A Beautiful Person - Not A Beautiful Person			*

TOTAL SCHOOLS - PRE-POST ATTITUDE TEST RESULTS

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Significant Positive Change
24. Loving - Hateful			*
25. Jealous - Not Jealous		—	
26. Thoughtful - Not Thoughtful	+		
27. Reliable - Irresponsible	+		
28. Calm - Jumpy	+		
29. Popular - Unpopular			*
30. Sensible - Foolish	+		
31. Happy - Sad	+		
32. Not Clumsy - Clumsy	+		
33. Smart - Dull	+		
34. Talkative - Not Talkative	+		
35. Open - Shy			*

TOTAL SCHOOLS - PRE-POST ATTITUDE TEST RESULTS

TOTAL SCHOOLS: Albion, Alliance, Amherst, Arthur, Bellevue, Chappell, Crawford, Gross, Dominican, Duchesne, Fairmont, Falls City, Lodgepole, Loup City, Marian, Millard Central, Millard High, Millard Lefler, Millard North, North Platte, Overton, Pleasanton, Ravenna, Ryan, Scottsbluff, Springfield, Sutherland, York

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)			*
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+		
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+		
6. At the present time, how do you feel about your relationship with other persons about your age?			*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—	
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+		

TOTAL SCHOOLS - PRE-POST ATTITUDE TEST RESULTS

"ATTITUDES TOWARD OTHERS" ATTITUDE TEST

Item	Positive Change	Negative Change	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+		
11. At the present time, how do you feel about your relationships with teachers and other adults?	+		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—	
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+		
[illegible]. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?			*
Parents	+		
Peers	+		
Teacher-Adult	+		

AS I SEE MYSELF TEST RESULTS

ACCORDING TO GRADE LEVEL

GRADE LEVEL / TEST ITEMS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
Six	+	+	+	+	+	–	+	+	–	+	–	+	+	+	+	–	–	+	+	–	–	+	+	+	–	+	+	+	0	+	–	+	+	+	+
Seven	–	+	+	+	+	+	–	+	+	+	+	–	+	*	+	+	+	+	–	+	–	–	+	+	–	0	–	–	+	–	–	+	+	+	+
Eight	+	+	+	+	–	+	+	+	+	+	–	+	+	–	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	*	+	+	+
Nine	*	+	*	*	+	*	*	*	+	*	+	+	+	+	+	+	+	+	*	+	*	+	*	*	+	+	+	+	+	+	+	+	+	+	+
Ten	–	+	+	–	+	+	+	+	+	–	+	+	+	+	–	+	+	–	+	+	+	+	+	*	–	–	+	–	+	+	+	+	+	+	+
Eleven	*	+	*	*	+	+	+	+	+	*	+	+	+	+	*	+	+	+	+	+	*	+	*	+	–	*	+	+	*	*	+	+	+	+	+
Twelve	+	+	+	+	–	+	–	+	–	–	+	+	+	+	–	+	–	–	+	+	–	+	*	+	–	+	–	–	–	+	+	–	+	+	+

+ Positive

– Negative

0 Remained the Same

* Significant Positive Change

ATTITUDE TOWARDS OTHERS TEST RESULTS

ACCORDING TO GRADE LEVEL

TEST ITEMS

GRADE LEVEL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Parents	Peers	Teacher-Adult
Six	*	+	+	+	+	+	+	+	+	+	+	-	-	-	+	+	-
Seven	+	+	-	+	+	+	-	-	+	+	+	-	*	+	+	+	+
Eight	+	+	+	-	+	+	-	-	+	+	+	+	+	*	+	-	+
Nine	+	+	+	-	+	+	+	-	-	+	+	-	-	-	+	+	-
Ten	+	+	+	+	+	*	-	+	+	+	+	-	+	+	+	-	+
Eleven	+	+	+	+	+	+	+	+	-	+	-	-	-	-	+	+	-
Twelve	+	+	+	+	+	+	+	+	-	+	+	+	-	*	-	+	+

+ Positive Change

- Negative Change

* Significant Positive Change

ATTITUDE TOWARDS OTHERS TEST RESULTS

ACCORDING TO SEX
(FEMALES)

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)			*
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+		
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+		
6. At the present time, how do you feel about your relationship with other persons about your age?			*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+		
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—	
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+		

ATTITUDE TOWARDS OTHERS TEST RESULTS

ACCORDING TO SEX
(FEMALES)

Item	Positive Change	Negative Change	Significant Positive Change
11. At the present time, how do you feel about your relationships with teachers and other adults?	+		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+		
Parents	+		
Peers	+		
Teacher-Adult	+		

ATTITUDE TOWARDS OTHERS TEST RESULTS

ACCORDING TO SEX
(MALES)

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?			*
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)			*
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+		
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—	
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+		
6. At the present time, how do you feel about your relationship with other persons about your age?			*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—	
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+		
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+		

ATTITUDE TOWARDS OTHERS TEST RESULTS

ACCORDING TO SEX
(MALES)

Item	Positive Change	Negative Change	Significant Positive Change -
11. At the present time, how do you feel about your relationships with teachers and other adults?	+		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—	
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?			*
Parents	+		
Peers	+		
Teacher - Adult	+		

INDIVIDUAL SCHOOL EVALUATION RESULTS

Albion High School - Albion, Nebraska
Facilitator - Cathy Adams

The evaluation results indicate a 76% positive gain in attitudes on the "As I See Myself" test and a 83% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Albion High School
Albion, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining		—		
2. Forgiving - Spiteful		—		
3. Friendly - Unfriendly				*
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel		—		
7. Cooperative - Uncooperative		—		
[illegible]. Outgoing - Quiet	+			
9. Helpful - Unhelpful		—		
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener			0	
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy			0	
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
[illegible]. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		—		
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull		—		
34. Talkative - Not Talkative	+			
35. Open - Shy		—		

PRE - POST ATTITUDE TEST RESULTS

Albion High School
Albion, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?			0	
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?			0	
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Alliance High School - Alliance, Nebraska
Facilitator - Bill Reno

The evaluation results indicate a 57% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Alliance Senior High
Alliance, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?		—		
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		—		
11. At the present time, how do you feel about your relationships with teachers and other adults?		—		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Amherst High School - Amherst, Nebraska
Facilitator - Cheryl Treinen

The evaluation results indicate a 71% positive gain in attitudes on the "As I See Myself" test and a 78% positive gain in attitudes on the "Attitude Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Amherst High School
Amherst, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful				*
3. Friendly - Unfriendly			0	
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet		—		
9. Helpful - Unhelpful	+			
10. Kind - Mean		—		
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair		—		
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		—		
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
34. Talkative - Not Talkative		—		
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Amherst High School
Amherst, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Arthur County High School - Arthur, Nebraska
Facilitator - Gail Miller

The evaluation results indicate a 97% positive gain in attitudes on the "As I See Myself" test and a 77% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Arthur County High School
Arthur, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining				*
2. Forgiving - Spiteful				*
3. Friendly - Unfriendly				*
4. Unselfish - Selfish				*
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative				*
8. Outgoing - Quiet				*
9. Helpful - Unhelpful				*
10. Kind - Mean				*
11. Honest - Dishonest				*
12. Hardworking - Lazy				*
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight				*
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude				*
18. Nice - Nasty				*
19. Truthful - A Liar				*
20. Smiling - Frowning				*
21. Sharing - Stingy				*
22. Good - Bad				*
23. A Beautiful Person - Not A Beautiful Person				*

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful				*
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible				*
28. Calm - Jumpy				*
29. Popular - Unpopular	+			
30. Sensible - Foolish				*
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Arthur County High School
Arthur, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		—		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?			0	
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?				*

Bellevue East High School - Bellevue, Nebraska
Facilitators - Ken Liedle
Arlayne Bonness

The evaluation results indicate a 50% positive gain in attitudes on the "As I See Myself" test and a 40% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Bellevue East High School
Bellevue, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining		—		
2. Forgiving - Spiteful			0	
3. Friendly - Unfriendly		—		
4. Unselfish - Selfish		—		
5. Trustful - Distrustful			0	
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative		—		
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful	+			
10. Kind - Mean		—		
11. Honest - Dishonest		—		
12. Hardworking - Lazy		—		
13. A Good Listener - A Poor Listener		—		
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy			0	
17. Polite - Rude		—		
18. Nice - Nasty	+			
19. Truthful - A Liar		—		
20. Smiling - Frowning	+			
21. Sharing - Stingy		—		
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful			0	
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful		—		
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish			0	
31. Happy - Sad	+			
32. Not Clumsy - Clumsy		—		
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative			0	
35. Open - Shy			0	

PRE - POST ATTITUDE TEST RESULTS

Bellevue East High School
Bellevue, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?			0	
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?			0	
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		—		
11. At the present time, how do you feel about your relationships with teachers and other adults?			0	
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?			0	

Chappell Public School - Chappell, Nebraska
Facilitator - Rodney Billings

The evaluation results indicate a 43% positive gain in attitudes on the "As I See Myself" test and a 78% positive gain in attitudes on the "Attitude Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Chappell Junior Senior High
Chappell, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining		—		
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish		—		
5. Trustful - Distrustful		—		
6. Gentle - Cruel		—		
7. Cooperative - Uncooperative			0	
8. Outgoing - Quiet			0	
9. Helpful - Unhelpful		—		
10. Kind - Mean		—		
11. Honest - Dishonest		—		
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy		—		
17. Polite - Rude		—		
18. Nice - Nasty	+			
19. Truthful - A Liar		—		
20. Smiling - Frowning		—		
21. Sharing - Stingy		—		
22. Good - Bad		—		
23. A Beautiful Person - Not A Beautiful Person		—		

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful		—		
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular		—		
30. Sensible - Foolish	+			
31. Happy - Sad		—		
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
34. Talkative - Not Talkative		—		
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Chappell Junior - Senior High
Chappell, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?				*
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)				*
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?				*

Daniel Gross High - Omaha, Nebraska
Facilitator - Bonnie Ware

The evaluation results indicate a 16% positive gain in attitudes on the "As I See Myself" test and a 50% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Daniel Gross High
Omaha, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining		—		
2. Forgiving - Spiteful		—		
3. Friendly - Unfriendly			0	
4. Unselfish - Selfish	+			
5. Trustful - Distrustful		—		
6. Gentle - Cruel		—		
7. Cooperative - Uncooperative		—		
[illegible]. Outgoing - Quiet			0	
9. Helpful - Unhelpful		—		
10. Kind - Mean		—		
11. Honest - Dishonest		—		
12. Hardworking - Lazy		—		
13. A Good Listener - A Poor Listener		—		
14. Cool - Uptight		—		
15. Fair - Unfair		—		
16. Cheerful - Gloomy		—		
17. Polite - Rude		—		
18. Nice - Nasty		—		
19. Truthful - A Liar		—		
20. Smiling - Frowning		—		
[illegible]. Sharing - Stingy			0	
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person			0	

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		—		
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible		—		
28. Calm - Jumpy		—		
29. Popular - Unpopular		—		
30. Sensible - Foolish	+			
31. Happy - Sad		—		
32. Not Clumsy - Clumsy			0	
33. Smart - Dull		—		
[illegible]. Talkative - Not Talkative		—		
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Daniel Gross High
Omaha, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		—		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)		—		
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?			0	
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?		—		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?			0	

Dominican High School - Omaha, Nebraska
Facilitators - Monica Baxter
Vince McAndrew
Tom Tarkett

"As I See Myself and "Attitudes Toward Others" test data was not received. However, Dominican High School peer participants were involved in an evaluation from September 1976 to March 1978. Results indicate while students were in Peer groups their credits went up 67%, 9% remained the same and 24% went down. Overall, class attendance of the peer group went up 36%.

Duchesne Academy - Omaha, Nebraska
Facilitator - Judy Quest

The evaluation results indicate a 70% positive gain in attitudes on the "As I See Myself" test and a 82% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Duchesne Academy
Omaha, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining			0	
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful			0	
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative		—		
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy		—		
13. A Good Listener - A Poor Listener			0	
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude			0	
18. Nice - Nasty			0	
19. Truthful - A Liar	+			
20. Smiling - Frowning		—		
21. Sharing - Stingy		—		
22. Good - Bad		—		
23. A Beautiful Person - Not A Beautiful Person	+			

"AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful		—		
27. Reliable - Irresponsible		—		
28. Calm - Jumpy		—		
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Duchesne Academy
Omaha, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		—		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)			0	
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?			0	
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?			0	
At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Fairmont Public Schools - Fairmont, Nebraska
Facilitator - Bonnie Gratopp

The evaluation results indicate a 68% positive gain in attitudes on the "As I See Myself" test and a .07% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Fairmont Public School
Fairmont, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative		—		
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		—		
10. Kind - Mean		—		
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude		—		
18. Nice - Nasty		—		
19. Truthful - A Liar	+			
20. Smiling - Frowning		—		
21. Sharing - Stingy	+			
22. Good - Bad		—		
23. A Beautiful Person - Not A Beautiful Person	+			

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible		—		
28. Calm - Jumpy		—		
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad		—		
32. Not Clumsy - Clumsy		—		
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Fairmont Public School
Fairmont, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		—		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)		—		
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		—		
4. At the present time, about how many times a month do you and one of your parents do something fun together?			0	
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?		—		
6. At the present time, how do you feel about your relationship with other persons about your age?		—		
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		—		
11. At the present time, how do you feel about your relationships with teachers and other adults?		—		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?		—		

Falls City Junior High School - Falls City, Nebraska
Facilitator - Keith Richey

The evaluation results indicate a 67% positive gain in attitudes on the "As I See Myself" test and a 71% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Falls City Junior High
Falls City, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining		—		
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly		—		
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		—		
10. Kind - Mean	+			
11. Honest - Dishonest			0	
12. Hardworking - Lazy		—		
13. A Good Listener - A Poor Listener		—		
14. Cool - Uptight	+			
15. Fair - Unfair		—		
16. Cheerful - Gloomy		—		
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar		—		
20. Smiling - Frowning			0	
21. Sharing - Stingy		—		
22. Good - Bad		—		
23. A Beautiful Person - Not A Beautiful Person	+			

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		—		
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish		—		
31. Happy - Sad		—		
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Falls City Junior High
Falls City, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		—		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Loup City High School - Loup City, Nebraska
Facilitator - Lois Hanshew

The evaluation results indicate a 78% positive gain in attitudes on the "As I See Myself" test and a 100% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Loup City High
Loup City, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining				*
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet		—		
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy			0	
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight		—		
15. Fair - Unfair			0	
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish		—		
31. Happy - Sad			0	
32. Not Clumsy - Clumsy	+			
33. Smart - Dull		—		
Talkative - Not Talkative		—		
35. Open - Shy		—		

PRE - POST ATTITUDE TEST RESULTS

Loup City Junior - Senior High
Loup City, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Millard Central Junior High - Omaha, Nebraska
Facilitators - Gene Ranard
Gary Griffin
Lee Galloway

The evaluation results indicate a 97% positive gain in attitudes on the "As I See Myself" test and a 71% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Millard Central Junior High
Millard, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining				*
2. Forgiving - Spiteful				*
3. Friendly - Unfriendly				*
4. Unselfish - Selfish				*
5. Trustful - Distrustful				*
6. Gentle - Cruel				*
7. Cooperative - Uncooperative				*
8. Outgoing - Quiet				*
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy				*
13. A Good Listener - A Poor Listener				*
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar				*
20. Smiling - Frowning				*
21. Sharing - Stingy				*
22. Good - Bad				*
23. A Beautiful Person - Not A Beautiful Person				*

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful				*
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful				*
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular				*
30. Sensible - Foolish				*
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy				*

PRE - POST ATTITUDE TEST RESULTS

Millard Central Junior High
Millard, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		—		
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?				*
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		—		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?				*
9. At the present time, about how many times a month do you and another person about your age do something fun together?				*

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?				*
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?				*

Millard High School - Omaha, Nebraska
Facilitator - Jan Ryan
Kay Harbeck

The evaluation results indicate a 77% positive gain in attitudes on the "As I See Myself" test and a 71% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Millard Senior High
Millard, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish		—		
5. Trustful - Distrustful		—		
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight		—		
15. Fair - Unfair	+			
16. Cheerful - Gloomy		—		
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar		—		
20. Smiling - Frowning		—		
21. Sharing - Stingy		—		
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy		—		
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Millard Senior High
Millard, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		—		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?		—		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Millard Lefler Junior High - Lincoln, Nebraska
Facilitator - Dianne Leggiadro

The evaluation results indicate a 57% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Millard Lefler Junior High
Lincoln, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		—		
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		—		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		—		
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Millard North Junior High - Omaha, Nebraska
Facilitator - Dan Wiltgen

The evaluation results indicate a 89% positive gain in attitudes on the "As I See Myself" test and a 14% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Millard North Junior High
Millard, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful		—		
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet		—		
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy		—		
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning	+			
21. Sharing - Stingy				*
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull		—		
. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Millard North Junior High
Millard, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)		—		
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		—		
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?		—		
6. At the present time, how do you feel about your relationship with other persons about your age?		—		
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		—		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		—		
11. At the present time, how do you feel about your relationships with teachers and other adults?		—		
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?		—		

Adams Junior High - North Platte, Nebraska
Facilitator - Mary Lynn Horst

The evaluation results indicate a 88% positive gain in attitudes on the "As I See Myself" test and a 100% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Adams Junior High
North Platte, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining				*
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly			0	
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful	+			
10. Kind - Mean		—		
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener				*
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy		—		
17. Polite - Rude			0	
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning		—		
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful				*
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful				*
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular				*
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy				*
33. Smart - Dull	+			
34. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Adams Junior High
North Platte, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?				*
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?				*
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

TTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?				*
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Overton High School - Overton, Nebraska
Facilitator - Jerry Bergstrom

The evaluation results indicate a 67% positive gain in attitudes on the "As I See Myself" test and a 71% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Overton Junior - Senior High
Overton, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful		—		
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful			0	
6. Gentle - Cruel		—		
7. Cooperative - Uncooperative		—		
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful			0	
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair		—		
16. Cheerful - Gloomy	+			
17. Polite - Rude		—		
18. Nice - Nasty		—		
19. Truthful - A Liar	+			
20. Smiling - Frowning			0	
21. Sharing - Stingy		—		
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy		—		
29. Popular - Unpopular		—		
30. Sensible - Foolish	+			
31. Happy - Sad			0	
32. Not Clumsy - Clumsy		—		
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy	+			

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PRE - POST ATTITUDE TEST RESULTS

Overton Junior - Senior High
Overton, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)		—		
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Pleasanton High - Pleasanton, Nebraska
Facilitator - Tim O'Dea

The evaluation results indicate a 78% positive gain in attitudes on the "As I See Myself" test and a 54% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Pleasanton Junior - Senior High
Pleasanton, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly				*
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel				*
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		—		
10. Kind - Mean		—		
11. Honest - Dishonest	+			
12. Hardworking - Lazy		—		
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty		—		
19. Truthful - A Liar	+			
20. Smiling - Frowning		—		
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful		—		
27. Reliable - Irresponsible		—		
28. Calm - Jumpy		—		
29. Popular - Unpopular	+			
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy		—		
33. Smart - Dull	+			
34. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Pleasanton Junior - Senior High
Pleasanton, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		—		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)			0	
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?		—		
6. At the present time, how do you feel about your relationship with other persons about your age?		—		
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		—		
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?		—		
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Ravenna Junior High - Ravenna, Nebraska
Facilitator - Dick Wilson

The evaluation results indicate a 56% positive gain in attitudes on the "As I See Myself" test and a 58% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Ravenna Junior High
Ravenna, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining		—		
2. Forgiving - Spiteful		—		
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful		—		
6. Gentle - Cruel	+			
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet		—		
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest			0	
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener		—		
14. Cool - Uptight		—		
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning		—		
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person		—		

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		—		
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy		—		
29. Popular - Unpopular		—		
30. Sensible - Foolish	+			
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull		—		
[illegible]. Talkative - Not Talkative		—		
35. Open - Shy		—		

PRE - POST ATTITUDE TEST RESULTS

Ravenna Junior High
Ravenna, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?		—		
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)			0	
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?		—		
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?			0	
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Ryan Senior High - Omaha, Nebraska
Facilitator - Mrs. Connie Waechter

The evaluation results indicate a 50% positive gain in attitudes on the "As I See Myself" test and a 91% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Ryan Senior High
Omaha, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly		—		
4. Unselfish - Selfish	+			
5. Trustful - Distrustful	+			
6. Gentle - Cruel		—		
7. Cooperative - Uncooperative			0	
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful	+			
10. Kind - Mean		—		
11. Honest - Dishonest			0	
12. Hardworking - Lazy			0	
13. A Good Listener - A Poor Listener		—		
14. Cool - Uptight		—		
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude		—		
18. Nice - Nasty		—		
19. Truthful - A Liar		—		
20. Smiling - Frowning	+			
21. Sharing - Stingy	+			
22. Good - Bad		—		
23. A Beautiful Person - Not A Beautiful Person		—		

"AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful		—		
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful		—		
27. Reliable - Irresponsible		—		
28. Calm - Jumpy		—		
29. Popular - Unpopular	+			
30. Sensible - Foolish			0	
31. Happy - Sad				*
32. Not Clumsy - Clumsy		—		
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Ryan Senior High
Omaha, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?			0	
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?			0	
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?			0	

Scottsbluff Junior High - Scottsbluff, Nebraska
Facilitator - Sam Dankers
Marjorie Mandujano

The evaluation results indicate a 50% positive gain in attitudes on the "As I See Myself" test and a 78% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Scottsbluff Junior High
Scottsbluff, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful		—		
3. Friendly - Unfriendly		—		
4. Unselfish - Selfish	+			
5. Trustful - Distrustful		—		
6. Gentle - Cruel		—		
7. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest		—		
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight		—		
15. Fair - Unfair		—		
16. Cheerful - Gloomy		—		
17. Polite - Rude		—		
18. Nice - Nasty		—		
19. Truthful - A Liar		—		
20. Smiling - Frowning		—		
21. Sharing - Stingy		—		
22. Good - Bad		—		
23. A Beautiful Person - Not A Beautiful Person			0	

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous	+			
26. Thoughtful - Not Thoughtful		—		
27. Reliable - Irresponsible	+			
28. Calm - Jumpy		—		
29. Popular - Unpopular	+			
30. Sensible - Foolish		—		
31. Happy - Sad	+			
32. Not Clumsy - Clumsy	+			
33. Smart - Dull	+			
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Scottsbluff Junior High
Scottsbluff, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?		—		
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?	+			
11. At the present time, how do you feel about your relationships with teachers and other adults?				*
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

Platteview High School - Springfield, Nebraska
Facilitator - Tony Sharpe

The evaluation results indicate a 88% positive gain in attitudes on the "As I See Myself" test and a 70% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Platteview High School
Springfield, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly	+			
4. Unselfish - Selfish	+			
5. Trustful - Distrustful		—		
6. Gentle - Cruel			0	
[illegible]. Cooperative - Uncooperative	+			
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful	+			
10. Kind - Mean	+			
11. Honest - Dishonest	+			
12. Hardworking - Lazy	+			
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight	+			
15. Fair - Unfair	+			
16. Cheerful - Gloomy				*
17. Polite - Rude	+			
18. Nice - Nasty	+			
19. Truthful - A Liar	+			
20. Smiling - Frowning				*
21. Sharing - Stingy	+			
22. Good - Bad	+			
23. A Beautiful Person - Not A Beautiful Person	+			

'AS I SEE MYSELF' ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful	+			
27. Reliable - Irresponsible	+			
28. Calm - Jumpy	+			
29. Popular - Unpopular	+			
30. Sensible - Foolish		—		
31. Happy - Sad	+			
32. Not Clumsy - Clumsy		—		
33. Smart - Dull	+			
4. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Platteview High School
Springfield, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?			0	
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		—		
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		—		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?			0	
9. At the present time, about how many times a month do you and another person about your age do something fun together?		—		

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?			0	
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?			0	

Sutherland Public School - Sutherland, Nebraska
Facilitator - William Fulcher

The evaluation results indicate a 43% positive gain in attitudes on the "As I See Myself" test and a 71% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

Sutherland Public School
Sutherland, Nebraska

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. Easy Going - Complaining	+			
2. Forgiving - Spiteful	+			
3. Friendly - Unfriendly		—		
4. Unselfish - Selfish		—		
5. Trustful - Distrustful	+			
6. Gentle - Cruel		—		
Cooperative - Uncooperative		—		
8. Outgoing - Quiet	+			
9. Helpful - Unhelpful		—		
10. Kind - Mean		—		
11. Honest - Dishonest		—		
12. Hardworking - Lazy		—		
13. A Good Listener - A Poor Listener	+			
14. Cool - Uptight		—		
15. Fair - Unfair	+			
16. Cheerful - Gloomy	+			
17. Polite - Rude	+			
18. Nice - Nasty		—		
19. Truthful - A Liar		—		
Smiling - Frowning	+			
21. Sharing - Stingy		—		
22. Good - Bad		—		
23. A Beautiful Person - Not A Beautiful Person	+			

"AS I SEE MYSELF" ATTITUDE TEST

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
24. Loving - Hateful	+			
25. Jealous - Not Jealous		—		
26. Thoughtful - Not Thoughtful		—		
27. Reliable - Irresponsible		—		
28. Calm - Jumpy		—		
29. Popular - Unpopular	+			
30. Sensible - Foolish		—		
31. Happy - Sad		—		
32. Not Clumsy - Clumsy	+			
33. Smart - Dull		—		
[illegible]. Talkative - Not Talkative	+			
35. Open - Shy	+			

PRE - POST ATTITUDE TEST RESULTS

Sutherland Public School
Sutherland, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?		—		
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?		—		
8. At the present time, about how many times a month do you and another person about your age have a physical fight?		—		
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		—		
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?	+			
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

York High School - York, Nebraska
Facilitator - Warren Dickey

The evaluation results indicate a 86% positive gain in attitudes on the "Attitudes Toward Others" test.

PRE - POST ATTITUDE TEST RESULTS

York High School
York, Nebraska

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
1. At the present time, how would you describe your relationship with your parents?	+			
2. At the present time, how would you describe your relationship with your parents? (responses for #2 are different than for #1)	+			
3. At the present time, about how many times a month do you and one of your parents have a serious disagreement or conflict?	+			
4. At the present time, about how many times a month do you and one of your parents do something fun together?	+			
5. At the present time, to what extent do you feel your parents are trying to understand you and any problems you may have?	+			
6. At the present time, how do you feel about your relationship with other persons about your age?	+			
7. At the present time, about how many times a month do you and another person about your age have a serious disagreement?	+			
8. At the present time, about how many times a month do you and another person about your age have a physical fight?	+			
9. At the present time, about how many times a month do you and another person about your age do something fun together?	+			

"ATTITUDES TOWARD OTHERS" ATTITUDE TESTS

Item	Positive Change	Negative Change	Remained the Same	Significant Positive Change
10. At the present time, how much trust would you say you have in your classmates and other persons about your age?		—		
11. At the present time, how do you feel about your relationships with teachers and other adults?	+			
12. At the present time, about how many times a month do you and a teacher or adult have a serious disagreement?	+			
13. At the present time, about how many times a month do you and a teacher or adult do something fun together?		—		
14. At the present time, to what extent do you feel teenagers or adults are trying to understand you and any problems you may have?	+			

The schools not listed in the "Individual School Evaluation" section (refer to page 29) were involved in the State Department of Health Peer program, but due to the following reasons evaluative data was not received.

1. Some schools did not administer the Pre and Post test but operated Peer groups.
2. Some tests were not labeled appropriately to match the students pre-test with the same students post-test, therefore results could not be computed.

During the on site visits to all 54 schools involved in Peer, the State Department of Health Peer consultants obtained evaluative statements from each student involved in the program along with comments from facilitators and administrators. The peer consultants shared the positive feedback as well as the constructive criticism with the peer facilitators.

The peer consultants neglected to obtain permission from each student to publish their evaluative statements, therefore that data will not appear in this report. However, permission will be obtained from each student in order that this important data can be recorded in the 1978-79 evaluation report.

RECOMMENDATIONS

RECOMMENDATIONS

The two Peer consultants with the Department of Health have made the following recommendations based on teacher evaluation of the training sessions and follow-up meetings with students and staff members.

1. Again, Peer consultants want to emphasis the need for Peer facilitators to provide more extensive peer orientation to their faculty members and administration. The majority of students felt their school faculty were not well informed about Peer.
2. Peer facilitators are encouraged to co-facilitate a group with an appropriate staff person, in order that additional staff persons can be trained in the peer process.
3. Peer facilitators should make an effort to plan a follow-up project within the school system or outside of the school setting in order that students are given an opportunity to practice skills learned in the peer process.
4. Peer consultants realize that the Pre and Post testing procedure is a time consuming process. However, each peer facilitator must make more of a conscious effort to administer the Pre and Post test, since it is such a vital part of the program.
5. Various evaluation methods were reviewed by the Peer consultants. The evaluation materials available were not an improvement over the evaluation method currently being used. Therefore, the peer consultants are in the process of obtaining expertise from resource individuals in the evaluation field.

With each additional year of operation the Peer program has proved to be a catalyst towards positive behavior changes. Three of the major selling points of the program for schools are the structure, training, and follow-up provided by the Peer consultants with the Department of Health. It is felt that Peer is a worthwhile program and should be continued.